



Consider a heat pump when you need to replace your existing heating or cooling system or when you want to add air conditioning. Boilers and furnaces average 15-20 years of lifespan.



[MassSave](#) offers 0% financing for \$25k for 7 years for heating projects, heat pumps, hot water, and insulation. Additionally, ask your contractor about [Cold-Climate](#) equipment incentives, [income-based rebates](#), and other federal and state incentives.



Have you installed a heat pump? Share your story! We would love to hear about your experience.



Contact CFREE, a working group of the Lincoln Green Energy Committee, at [lincolngreencoach@gmail.com](mailto:lincolngreencoach@gmail.com) to learn more and connect with a coach.

# Heating and Cooling account for 59% of a home's energy use

We use a huge amount of energy to heat our homes. Transitioning to a heat pump (air-sourced or ground-sourced) is an effective way to reduce your overall carbon footprint and make your home more comfortable. Heat pumps are electric systems that can heat or cool by pumping heat into or out of a home. Cold-Climate heat pumps are designed to work in New England and are often rated down to -15F. They use 2 to 4 times less energy than baseboard electric or fossil-fueled heating systems.

## Ready to Go?

We have lots of resources to help you find a contractor, get estimates, and move forward with a new heating system.

- Look for recommended installer lists on [LincolnTalk](#) and [MassSave](#).
- Getting an estimate is free. We recommend getting several quotes because each contractor has different ideas, equipment, quality, and price. Some companies only install ductless heat pumps. If you have ducting, ask about a central heat pump.
- Ask where the equipment will be placed. Be sure your contractor services the equipment as well. Ask what annual service is needed. Filters need to be cleaned or replaced regularly.
- If you are removing your fossil fuel system, you may need to replace your hot water heater as well.
- New regulations go into effect on Jan. 1, 2025 that promote climate-friendly refrigerants. Choosing equipment with these new requirements is a good bet for the future.

[www.lincolngreenenergy.org](http://www.lincolngreenenergy.org)

